



YMCA Summer Day Camp Behavior Management Plan

Discipline

The Y is an inclusive, family-friendly organization. We expect all of our members and guests to model our values (caring, honesty, respect, responsibility and inclusion) in their conduct and language. Our program's philosophy is based on respect for the child's self-esteem, setting reasonable limits, and creating an environment that encourages self-discipline, problem solving, and conflict resolution. We see the opportunity to teach the values of getting along with others, solving problems in a positive way, and learning self-control as the key to a successful program. The leader is dedicated to working together with the children and parent/guardians to resolve any concerns that may arise. Our methods of discipline are:

- Setting an appropriate environment for programming
- Redirecting behavior by giving choices
- Encouraging group consensus on problem solving
- Discussing problems to discover causes and guiding the child or group of children to find ways to resolve it
- Assigning special tasks and responsibilities that will help to build their self-esteem (for example, special helpers, clean up supervisor)
- Reflecting on children's successes and accomplishments

Behavior Management Procedures

There are three specific rules at YMCA Summer Day Camp:

- **Act in ways to keep yourself safe and unharmed**
- **Act in ways to keep others safe and unharmed**
- **Act in ways to keep property safe and unharmed**

When a conflict arises concerning the rights of other people and/or property, our goal is to work with each participant individually to solve the problem through effective communication and logical consequences. Other behavior management techniques, which include redirecting behavior, removal from a particular activity, and parent/guardian consultation, will be used in situations where conflicts continue.

Depending on the severity and frequency of incidents, such as fighting, inappropriate language, destruction of property, or lack of regard for rules, a participant may be suspended or expelled from the program.