



POOLS AVAILABLE DURING NIEBUR POOL CLOSURE

JULY 28TH – AUGUST 24TH

THESE ARE NOT EDWARDSVILLE YMCA RUN OR SANCTIONED FACILITIES,
YOU ARE UNDER THEIR CARE, GUIDANCE & RULES.

MERIDIAN VILLAGE

27 Auerbach Pl, Glen Carbon, IL 62034

MUST BE OVER AGE OF 55 • MUST SIGN WAIVER • NO LIFEGUARDS

| MON | TUES | WED | THURS | FRI |
|--|--|--|-------|--|
| Water Aerobics 8:00 – 8:40am | Water Aerobics 8:00 – 8:40am | Water Aerobics 8:00 – 8:40am | | Water Aerobics 8:00 – 8:40am |
| Aqua Arthritis 9:00 – 9:30am | | Aqua Arthritis 9:00 – 9:30am | | Aqua Arthritis 9:00 – 9:30am |
| Open Swim 10:45am – 4:00pm | Open Swim 10:45am – 4:00pm | Open Swim 10:45am – 4:00pm | | Open Swim 12:00 – 4:00pm |

SIUE • INSIDE STUDENT FITNESS CENTER

35 Circle Dr, Edwardsville, IL 62025

**ALL AGES WELCOME • ADULT MUST ACCOMPANY & DIRECTLY SUPERVISE KIDS UNDER 16
MUST SIGN WAIVER THERE • SEE REVERSE SIDE FOR RULES**

JULY 28TH – AUGUST 15TH

| MON | TUES | WED | THURS | FRI |
|--|--|--|--|--|
| Lap/Open Swim 11:30am – 1:00pm | Lap/Open Swim 11:30am – 1:00pm | Lap/Open Swim 11:30am – 1:00pm | Lap/Open Swim 11:30am – 1:00pm | Lap/Open Swim 11:30am – 1:00pm |
| Lap/Open Swim 4:00 – 6:30pm | Lap/Open Swim 4:00 – 6:30pm | Lap/Open Swim 4:00 – 6:30pm | Lap/Open Swim 4:00 – 6:30pm | Lap/Open Swim 4:00 – 6:30pm |

AUGUST 16TH – 24TH

| MON | TUES | WED | THURS | FRI |
|--|--|--|--|--|
| Lap/Open Swim 11:30am – 1:30pm | Lap/Open Swim 11:30am – 1:30pm | Lap/Open Swim 11:30am – 1:30pm | Lap/Open Swim 11:30am – 1:30pm | Lap/Open Swim 11:30am – 1:30pm |
| Lap/Open Swim 4:00 – 7:00pm | Lap/Open Swim 4:00 – 7:00pm | Lap/Open Swim 4:00 – 7:00pm | Lap/Open Swim 4:00 – 7:00pm | Lap/Open Swim 4:00 – 7:00pm |

SIUE RULES TO USE THEIR POOL

The SIUE Pool is a six lane, 25-yard pool, maintained at a water temperature of 82 degrees with an air temperature of 86 degrees. The pool will be setup for lap swim by default but SIUE Campus Rec staff will adjust based upon usage demand for recreation swim opportunities as needed while always preserving some opportunity for lap swim as well. Patrons are encouraged to share a lane and/or circle swim as needed during peak usage times.

Parking

YMCA members that do not have an appropriate SIUE parking pass will need to park and pay at the specifically numbered and metered parking spaces of parking lot F. The metered spaces are numbered and can be paid for using cash or credit cards using the kiosks located adjacent to the metered spaces.

Access, Waiver and PAR-Q Forms

- Do not go directly to the pool. Please visit the Student Fitness Center Reception Desk to be provided with access.
- **First Visit Paperwork:** YMCA members will need to sign an annual waiver and a PAR-Q form. In order to sign a waiver, a government issued photo ID with a birthdate on it, like a driver's license, is required. If one of these was filled out in the past, a new one will still be required for the current year.
- YMCA members will need to present their YMCA membership card, which will be temporarily traded for an SIUE card that will have their name written on the back of it. YMCA members need to be able to identify and confirm their own cards as some cards in the past only had numbers on them.
- The SIUE card can then be presented to the lifeguard in the pool, as this will demonstrate to the lifeguard on-duty that the YMCA member has completed their waiver & PAR-Q and had access to the pool that day. The name on the tape of the back of the card lets the lifeguard know which card to give back to each YMCA member so that it matches back up to their YMCA ID.
 - Every day, after the YMCA member is finished using the pool, they should bring back the SIUE card to the Reception Desk and switch it for their own YMCA card. Failure to return SIUE cards each day, can result in suspension of access to SIUE facilities.

Other Items

- YMCA members are welcome to use any of the equipment that is available on the pool deck including kickboards, pool noodles, pull buoys, power hands, flippers, resistance elements, running belts, lifejackets and balls.
 - YMCA members can also rent a towel & make aquatic related pro-shop purchases (swim caps, nose/ear plugs, goggles) if they desire.
- YMCA members can bring their personal items into the pool and just store them in the bleacher seating area of the pool or they can also use any of the free daily use only lockers that are located in the SFC lobby (locks built in) or in the gray daily use only lockers in the locker rooms (you can use your own lock or purchase a lock).

SIUE Swimming Pool Regulations

1. Swim only when a lifeguard is on duty.
2. Please follow the lifeguards' instructions at all times.
3. Proper I.D. must be presented to the lifeguard before using the pool.
4. No running is permitted on deck.
5. Diving is not permitted in the shallow end.
6. Please do not use the pool if suffering from any skin or communicable diseases or open wounds.
7. Gum is not allowed.
8. Food and drinks, other than water in a non-breakable container, are not permitted unless it is approved for a special event and can only be in the spectator area.
9. An approved swimsuit is required. Synthetic material (rash guard) shirts are also permitted over a swimsuit.
10. No hazardous activity or inappropriate behavior is allowed. Examples include, but are not limited to, dunking other participants under water, and prolonged breath-holding or jumping/diving into an area where another participant is swimming.
11. Street shoes are not permitted on the pool deck.
12. Only one person is allowed on the diving board at a time, and multiple bounces are not permitted.
13. All back dives are prohibited.
14. Use of scuba equipment is prohibited during lap and recreational swims.
15. Individuals who are unable to swim the width of the pool may not dive or enter the deep end.
16. Swimmers who are not able to demonstrate appropriate swimming ability may be restricted to the shallow end and/or required to wear a life vest.

Youth/Family Swim Regulations

1. An adult must accompany and directly supervise children under the age of 16.
2. Children are allowed to use only United States Coast Guard (USCG) approved personal flotation devices.
3. Children are not permitted to run or bounce on the diving board.