



EDWARDSVILLE YMCA'S COVID-19 PHASE 4 OFFERINGS

FACILITIES

- Everyone **MUST BRING YOUR MEMBERSHIP CARD** with you to check in at the front desk.
- Please wear a face-mask when you enter the facility. You will not be required to wear it while exercising. If you are watching a class or walking around the facility, you must wear your mask inside.
- You will have your temperature checked when you arrive. (Must be below 100.4)
- If you are 13 and under, you must be accompanied by an adult of 18 years and above to be in our facility. No one under 13 may be dropped off, with the exception of being enrolled in our Summer Camp for that day.
- Fall Hours: Monday-Friday: 5:00am-9:00pm, Saturday: 7:00am-6:00pm & Sunday: 10:00am-5:00pm

FITNESS CENTER

- Open with the capacity of 25 members at a time. (Depending on State/County mandates)
- Our Walking Track (Meyer Center) is open.
- Please bring your own: water bottle, towel and ear buds/headphones.
- Please wipe off your machines/equipment before and after use.
- Maintain 6 feet of social distance while exercising. Mask not required while exercising, but is recommended.

GROUP FITNESS

- We have classes indoors, outside and virtually.
- Must register online to attend classes (Starts on Monday the week before class at 6:00am)
- Our Downstairs Fitness Studio will allow for 20 participants and 10 in the Upstairs Fitness Studio
- Outside offerings include Spinning and some Boot Camps (which can move to the gym when it rains)
- Please bring a mat, weights and a water bottle to class.
- See our schedule for all classes.

POOLS

- Reserve a lap lane, open swim time or water exercise class, call Niebur (656-0436) starting the Monday prior, between 9:00am – 5:00pm.
- You must take a shower in our locker rooms before you enter the pool.
- You must be 13 years or older to reserve a spot.
- Masks are required on the pool deck and for any swim lesson spectators.

GYMNASIUM

- Open with the capacity of 25 members at a time. (Depending on State/County mandates)
- Masks are required for all while playing basketball and volleyball and while spectating/coaching.
- Only available for shooting and games like horse. No pickup games at this time.
- Bring your own basketballs.
- Schedule is subject to change based on YMCA programming.

SKATE CENTER

- Open Skates: Friday 6:00 – 9:00pm, Saturday & Sunday 1:00 – 5:00pm
- Pickleball check schedule for times.
- Max of 25-50 people (Depending on State/County mandates)
- Masks not required while skating or playing pickleball, but required while walking around center.

REC. SPORTS

- Youth Leagues are available in a different capacity. Teams will play intra-team scrimmages.
- We are following IL Sports Guidelines.
- Masks are required for indoor sports such as volleyball and basketball.

GYMNASTICS

- Other recreational gymnastics and tumbling classes, Open Gyms and Teams are available.
- Must sign up for Open Gyms online weekly for your spot.



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ARTS & HUMANITIES

- Dance classes available at the Meyer Center.
- Masks are required for dance classes.
- Art, Music and Theatre classes will return in 2021.

CLIMBING

- Outdoor archery and climbing at the Meyer Center.
- Climbers must wear a mask at all times.
- Must reserve your Open Climb time by calling 655-1460. Reservations can be made starting the Monday prior (For example for Friday, Nov. 13 you can call starting on Monday, Nov. 9).

TENNIS

- Classes, leagues and court times available at the Meyer Center.
- Masks not required while playing.
- Limited viewing available on Court 1 during classes.

ALLISON CASSENS ECDC

- We will continue to increase class size based on guidelines.

CHILD WATCH

- Available at the Niebur Center Gymnasium Only.
- Ages 2 -12, Monday - Friday 9:00am - 12:00pm
- 1 Hour at a time, 20 Kids Total, First Come First Serve
- Masks are required. No outside food or drink, except prefilled water bottle.

PRESCHOOL

- Classes are being held at the Niebur Center.
- No co-op option is available.
- Kids will have to wear masks during class.
- Smaller class sizes. Staggering drop off times in the parking lot.

OTHER AREAS STILL AWAITING RETURN

- Adapted Programming
- Racquetball
- Coffee Service
- Lobby's Or Any Gathering/Seating Areas

MEMBERSHIP

- All memberships were reactivated on Monday, June 29TH.
- If you choose to make a change to your membership, [please fill out this form](#). Our membership team will reach out to process your request. When you rejoin we will waive your joiner fee thru the end of the year.
- Please address any additional questions or concerns to our Membership Team: Erin Richardson (Niebur) erichardson@edwymca.com or David Beasley (Meyer) dbeasley@edwymca.com.

**WE WILL CONTINUE TO MONITOR THE IL STATE GUIDELINES
IN ORDER TO OPEN MORE AMENITIES.**

#THANKYOUFORSTAYINGWITHUS



WWW.EDWARDSVILLEYMCA.COM





EDWARDSVILLE YMCA'S COVID-19 CLEANING & SANITATION PROCEDURES

- Continue to cover, clean, and contain. Instruct staff to continue to follow these protocols and to encourage members and program participants to do the same:
 - Cover mouth and nose when coughing or sneezing; cough or sneeze into the crook of your elbow or into a tissue and immediately throw the tissue away; have boxes of tissue and trash cans readily available in the facility.
 - Clean: Wash your hands using soap and water for a minimum of 20 seconds and use hand sanitizer with at least 60 percent alcohol content; keep disinfectant bottles full and visible; clean all high-touch hard surfaces routinely.
 - Contain: Stay home if sick or if exposed to someone who is sick.
- Ensure more frequent and stringent cleaning and disinfecting of facilities and equipment in accordance with state and local guidelines.
- Upgraded cleaning solutions in all program areas to ensure effectiveness.
- Personal protective equipment is available for staff who are cleaning and disinfecting.
- Enhanced sanitation and janitorial processes.
- Established a standardized cleaning checklist for all rooms with cleaning logs displayed.
 - Every Two Hours (Or Less) - Areas That Are Being Frequently Touched
 - Doorknobs & Handles
 - Arms Of Chairs
 - Table Tops - Including Member Services & Fitness Desks
 - Buttons or Light Switches
 - Stair Handrails
 - Bathroom Touch Points
 - Locker Handles/Latches
 - Bottle Filling Stations
 - Fitness Equipment - Staff Cleaning As Well As Asking Members/Guests To Use The Provided Cleaning Supplies To Clean Before & After Each Use.
 - Aquatics - Regularly Cleaning Rails, Handles, Kickboards, Etc., Chemical Checks Every Two Hours & Power Wash Pool Deck Daily
- Shortened the hours of operation to allow for more deep cleaning at night.
- Updated sanitation signage throughout the facility for staff, members, and community.
- Promote the use of hand sanitizers. Stations located throughout facility, especially at all ingress/egress points of the facilities and program spaces.
- Clean and disinfect equipment between use. Do not share unsanitized equipment.
- Disinfecting all high-touch hard surfaces thoroughly. These surfaces include counters, tabletops, doorknobs, light switches, bathroom fixtures, toilets, phones, machines, toys, hands-on learning items, games, food prep surfaces, pens, etc.
- Ensure that extensive use of disinfectant products occurs when members and children are not present and that the facility has been thoroughly aired out before members and children return.
- Temporarily removed toys/equipment that are not easily cleanable (e.g., stuffed animals, pillows).
- Rotate toys that are out at any one time so that they can be adequately cleaned and sanitized.
- Instructed employees who work with children to wash/scrub their hands and children's hands each hour (at a minimum).
- Instructed staff to disinfect their personal work surfaces and equipment when they arrive and before they leave from work.
- Open outside doors and windows, when possible, to increase fresh air circulation.