


THANKSGIVING WEEK NOV. 25TH - DEC. 1ST

ADDITIONAL DROP-IN CLASS SCHEDULE

EDWARDSVILLE YMCA



MON	TUES	WED	THURS	FRI	SAT	
SPINNING 7:45AM NIEBUR SPIN STUDIO SEE MINDBODY APP	YOGA 8:30 - 9:25AM RUTH KUBICEK NIEBUR FITNESS STUDIO	SMALL GROUP TRAINING 8:30AM LARA COLLMANN NIEBUR SPIN STUDIO SEE MINDBODY APP	EDWARDSVILLE YMCA CLOSED FOR THANKSGIVING	ALL NORMAL NIEBUR CENTER DROP-IN FITNESS CLASSES CANCELLED ON FRIDAY!	OPEN SWIM 9:00AM - NOON NIEBUR INDOOR POOL 1 9:00AM - 12:15PM NIEBUR INDOOR POOL 2	
SMALL GROUP TRAINING 8:30AM LARA COLLMANN NIEBUR SPIN STUDIO SEE MINDBODY APP	ZUMBA 8:30 - 9:25AM LESA BOYKIN MEYER GYMNASIUM	IRON YOGA 9:30 - 10:25AM AMY NESBIT NIEBUR ACTIVITY ROOM		FITNESS TURKEY BURN 8:30 - 10:00AM SPECIAL DROP-IN CLASS! NIEBUR FITNESS STUDIO		
ADULTS ONLY OPEN SWIM 11:00AM - NOON NIEBUR INDOOR POOL 2	OPEN SWIM 10:00AM - NOON NIEBUR INDOOR POOL 2	AQUA TURKEY BURN 10:00 - 11:20AM SPECIAL DROP-IN CLASS! NIEBUR INDOOR POOL 2		SPECIAL OPEN SKATE 1:00 - 5:00PM MEYER SKATE CENTER		
YOGA 11:30AM - 12:25PM STACEY STUFFLEBEAM NIEBUR FITNESS STUDIO	YOGA 10:30 - 11:25AM CATHERINE JACKSON NIEBUR FITNESS STUDIO	TURKEY SAMPLER 10:00AM - 5:00PM EVENT FOR AGES 7+ GYMNASTICS, CLIMB, MOVIES, BASKETBALL & LASER TAG! MEYER CENTER		OPEN SWIM 4:15 - 5:15PM NIEBUR INDOOR POOL 2		
OPEN SWIM 4:30 - 7:30PM NIEBUR INDOOR POOL 2 5:30 - 8:00PM NIEBUR INDOOR POOL 1	OPEN SWIM 4:15 - 6:30PM NIEBUR INDOOR POOL 1 4:30 - 7:30PM NIEBUR INDOOR POOL 2	OPEN SWIM 11:00AM - NOON NIEBUR INDOOR POOL 2		OPEN MARTIAL ARTS 6:00 - 7:30PM NIEBUR ACTIVITY ROOM	SUN	
PRICES VARY PER OFFERING! ----- OPEN /LAP SWIMS & TURKEY BURNS NORMAL DROP-IN RATE YOGA/SMALL GROUP M \$5 • NM \$9 TURKEY SAMPLER PRE: M \$30 • NM \$40 DAY-OF: M \$40 • NM \$50 OPEN SKATE M \$4 • NM \$6 BLACK FRI SKATE M \$5 • NM \$8	SMALL GROUP TRAINING 5:00PM LARA COLLMANN NIEBUR SPIN STUDIO SEE MINDBODY APP	OPEN CLIMB 11:00AM - 5:00PM MEYER CENTER		BLACK FRIDAY SKATE 6:00 - 10:00PM MEYER SKATE CENTER		MACIE CROW GYMNASTICS MEET 8:00AM - 8:00PM MEYER GYMNASICS
	GENTLE YOGA 6:00PM SHERIE O'BRIEN NIEBUR FITNESS STUDIO	LASER TAG 1:00 - 5:00PM MEYER SKATE CENTER				
	LAP SWIM 6:30 - 8:00PM 3 LAP LANES NIEBUR INDOOR POOL 1	OPEN SWIM 4:30 - 7:30PM NIEBUR INDOOR POOL 1				
		RESTORATIVE YOGA 8:00 - 8:55PM SHERIE O'BRIEN NIEBUR FITNESS STUDIO			MIDDLE SCHOOL VOLLEYBALL CLINIC 1:00 - 3:00PM MEYER GYMNASIUM SPOTS ARE LIMITED!	

THERE ARE NO SESSION CLASSES THIS WEEK! ALL CLASSES RESUME ON DECEMBER 2ND (2 WEEKS LEFT IN FALL 2).

- No Niebur Center Preschool Classes
- No Dance Fitness on Monday. All other drop-in Group Fitness classes are on as scheduled, except for Friday.
- Pools will be open for their regularly scheduled Open and Lap Swim times. See above for additional times.
- Drop-in Water Exercise classes offered at regularly scheduled times. Swim Team will have regular practice.
- No Regular Tennis Leagues. Open Court Rental Times Available.
- Open Climb & Tot Climb offered at regularly scheduled times.
- No Open Gymnastics, Gymnastics Team will still have practice (not Thursday) & Tumbling Team will not.
- See Skate Center Calendars for Open Skate & Pickleball times. No Roller Hockey League practices or games.
- No Volleyball Games scheduled and practice times are limited.